

September 8, 2009
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RON ESPOSITO RELEASES “OPEN HEART” CD FEATURING TIBETAN & CRYSTAL SINGING BOWLS

Cincinnati, OH – Ron Esposito has performed, produced and promoted music all his life. His CD, “Open Heart,” may seem a long way from the music he heard as an altar boy at church, the acoustic guitar he played in college rock bands, the electric bass he played with a popular Midwest blues band and the acoustic bass he plays in a jazz trio. But all of these influences come together as Esposito spins the Tibetan and Crystal Singing Bowls in a broader and more diverse musical context than these instruments are usually played. “Open Heart” is available at his web site, www.ronesposito.com, where visitors can also watch a video featuring four tracks from the CD. “Open Heart” will soon be available on CDBaby.com and Amazon.com.

The instrumentation for “Open Heart” is what sets it apart from other recordings with the Tibetan and Crystal Singing Bowls. In addition to the bowls, Esposito also plays kalimba, guitar and bass with **Ric Hordinski** (Over-the-Rhine, Monk, Phil Keaggy, Victor Wooten, David Wilcox) on guitar, **Jim Feist** on tabla and percussion, **Janice T. (Sunflower)** on various Native American flutes and **Doug Perry** on hammered dulcimer and small percussion. **Angie Pepper** lends her gospel alto on the CD’s final track, “Om Shanti.” Esposito shares writing credits for the music on “Open Heart” with all four instrumentalists. Bill Gwynne of Group Effort Studios, the recording engineer for “Open Heart” said, “This is one of the most exciting and unique projects I have ever had the privilege of working on.”

“I probably first heard a recording of singing bowls in a massage therapist’s office years ago, and became instantly drawn to their purity of sound and vibration,” comments Esposito. Then later I heard recordings by the German artist Deuter. His music really peaked my interest in these instruments, so I made the decision to study both the Tibetan brass and the Crystal Singing Bowls.”

After receiving his Bachelors degree in English and Philosophy at Ohio University, Ron was a manager at Boston’s premier jazz club, The Jazz Workshop, and then moved to New York City to work as CTI Records road manager touring with Airtto, Deodato and the CTI Jazz All-Stars.

He earned his Master's in Broadcast Management and in 1986, moved to Cincinnati, Ohio, where he became Special Projects Producer for WVXU, 91.7 FM (NPR) and the X-Star Network of seven stations in four states. In addition to producing and hosting three music programs, Ron produced three compilation CDs featuring Cincinnati-based jazz musicians. He also served as producer for Riders in the Sky's "Riders Radio Theater" show and the Windham Hill "Winter Solstice Concerts."

From 1993 – 2005, Esposito was the bassist in the Cincinnati-based blues group the High Street Rhythm Rockers, later known as Greg Schaber & High Street, winning numerous regional music awards, touring extensively between Chicago and Memphis and recording four CDs. Recently he has been playing acoustic bass with a jazz trio.

By 2005, Ron Esposito's lifelong interest in spirituality, metaphysics, philosophy and personal transformation led to his certification as a Life Coach and Enneagram teacher and trainer. Today he works with clients at the Conscious Living Center in Cincinnati. He also co-hosts a weekly radio program "Waves of the New Age" on WAIF, 88.3 FM, in Cincinnati, Ohio.

His debut recording project playing both the Tibetan and Quartz Crystal Singing Bowls was released in 2008. Entitled "Lifting the Veil," the CD is a collection of Enneagram meditations spoken by Esposito and **Deborah Ooten** and also features music by keyboardist **Billy Larkin** and guitarist **Ric Hordinski**.

"My lifelong interest in philosophy has deepened my interest in the cultures of Tibet, India and the Far East, where transformational teachings are a way of life. My subsequent introduction to the transcendent qualities of Tibetan and Crystal Singing Bowls opened for me a new universe of musical possibilities."

Ron Esposito plays the Tibetan and Crystal Singing Bowls in concerts and for yoga and meditation centers in the Greater Cincinnati region. He is currently working on new music for his next CD featuring the bowls with cello, violin and deep space synthesizer.

Members of the Media

If you would like a review copy of "Open Heart" or to schedule an interview with Ron, please contact Robyn Carey Allgeyer at 513-207-8227 or rcareycommnctns@aol.com. Press kits are available to download at www.ronesposito.com.

Thank you!

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